



BENTLEIGH_{RSL}

GLUTEN FREE

MENU



BENTLEIGH^{RSL}

STARTERS

Soup of the Day (GF,F,L)

Ask Waiter

\$6

Salt + Pepper Calamari (GF,L)

With sweet chilli sauce + rocket

\$12

Grilled Saganaki (GF,V,F)

With lemon + rocket

\$11

Steamed Mussels (GF,L)

In a coconut laksa broth with fresh herbs

\$10

Freshly Shucked Oysters (GF,L)

Served with mignonette

Half \$16 | Full \$26

SALADS

Superfood Salad (GF,V,L)

Kale, broccoli, quinoa, seeds, cherry tomatoes, roast peppers, jalapeno chillies + spicy garlic lemon dressing

\$15

Thai Vegetable Salad (GF,V,L)

With coriander, shoots + chilli palm sugar dressing

\$15

TRADITIONAL FARE

Wagyu Beef Burger (GF,F,L)

Beef pattie, cheddar cheese, tomato, cos, mustard, aioli, tomato sauce with a basket of chips with gluten free bun

\$25

Char Grilled Rib Eye (GF)

350gm Rib Eye on roast swede + shallots with crisp kale + garlic butter

\$35

Open Lamb Souvlaki (GF,L)

Slow cooked lamb leg, greek salad, chips + hummus

\$25

Grilled Atlantic Salmon (GF,F,L)

Served on steamed brown rice + sauteed asian greens

\$27

Tandoori Chicken Breast (GF)

Served on fried cauliflower + kale rice with kimchi

\$26





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PASTA, RISOTTO + NOODLES

Nasi Goreng (GF,V,L) <i>With fried egg, topped with fresh herbs + bean shoots</i>	\$27
Combination Wok tossed with Rice Noodles (GF,V,L) <i>Vegetables + chilli basil</i>	\$25
12 Hour Roast Lamb Ragu (GF,F,L) <i>Gluten free penne, slow cooked lamb tossed with spinach + parmesan</i>	\$26
Chilli Prawn Risotto (GF) <i>Onion, garlic, cherry tomatoes + rocket</i>	\$25
Roast Pumpkin + Pine Nut Risotto (GF) <i>With crisp kale + parmesan</i>	\$24
Mixed Seafood Penne (GF,L) <i>Penne tossed with fresh seafood, onion, garlic + napoli with fresh basil</i>	\$28
Carbonara (GF) <i>Penne, speck, onion, garlic, parsley, white wine + parmesan</i>	\$27

SIDES

Mashed Potatoes (GF,V,F)	\$5
Steamed Seasonal Vegetables (GF,V,F,L)	\$5
Gluten Free Chips (GF,V,F,L)	\$7
House Salad (GF,V,F,L)	\$5
Steamed Jasmine Rice (GF,V,F,L)	\$5





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KIDS MEALS - \$9.00

(all meals include a scoop of ice cream in a cup)

Grilled Fish (GF,F,L)

Served with steamed vegetables + gluten free chips

Chicken Tenderloins (GF,F,L)

Served with steamed vegetables + gluten free chips

Burger (GF,F,L)

Served with gluten free chips + bun

Penne Bolognese (GF,F,L)

Gluten free penne with traditional bolognese sauce

